

# HEART CONNEX

*Truth Flowing from One Generation to the Next— Through Strong Heart Connections*

## STUDENTS PAGE

**November 1-4, 2006**

*Pray in All Situations*—Richard Ross, Ph.D.

**1. Heart Surprise (Today a parent goes first):** When it's your turn, say: **Many teenagers never hear positive things from parents. When you tell me you are proud of me, it makes me feel . . .**

**Something from the Heart Surprise I want to remember:**

**2. Read Scripture:** Ephesians 6:18 and Psalm 105:4

### **Truth**

- God wants believers to stay in fellowship with Him and to have an ongoing conversation with Him throughout each day.

### **Untruths**

- Prayer should be saved as your very last resort.
- Prayer is only for the big things, since God expects you to handle the small things.
- Prayer only belongs at the beginning or end of the day—and maybe at meals.

**3. Explore Scripture:** Write what you want to remember about the Scriptures.

**4. Think It Through:** Ask your family these questions:

- A. Who has seen someone wearing an earpiece wirelessly connected to his or her cell phone?**
- B. What's the most unusual thing you have seen someone doing while chatting away with both hands free?**
- C. People can talk wirelessly while they move through crowds or work with their hands. How is this similar to God's instructions to believers in Ephesians 6:18?**

**5. Nail It Down:** A parent will lead this step.

**6. Pray:** Say: **I am going to lead the family as I pray out loud. It may seem a little strange, but this time I am not going to close my prayer by saying "Amen." This will just serve as a reminder to our family that God wants to be in an ongoing conversation with each of us through the day.** Pray out loud but do not close with "Amen."

**7. Blessing:** Listen as your parent blesses the family.

**Teen Tip:** Ask one of your parents to share a verse that is important to him or her. Mark it in your Bible. Ask your parent to explain the special meaning behind that verse. Thank him or her for sharing God's Word with you.