

HEART CONNEX

Truth Flowing from One Generation to the Next— Through Strong Heart Connections

STUDENTS PAGE

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Joy from Worship—Richard Ross, Ph.D.

1. Heart Surprise (Today a teen goes first): Say: **One thing that I think is cool about your job is . . . Thank your parent(s) for working to provide you with what you need.**

Something from the *Heart Surprise* I want to remember:

2. Read Scripture: Psalm 100:1-5.

Truth

- We can experience true joy when we worship God.

Untruths

- True joy can only be found by fulfilling your own desires.
- All the pain in the world proves that joy is just an illusion.
- Worship is something I have to do to make God happy.

3. Explore Scripture: Write what you want to remember about the Scriptures.

4. Think It Through: Read each of the phrases below. Allow time for your family to guess the missing word. Share the correct answers.

Make a joyful (a)_____ to the LORD.

Serve the LORD with (b)_____.

Come before His presence with (c)_____.

Know that the LORD, He is God;

It is He who has made us, and not we ourselves;

We are His (d)_____ and the sheep of His pasture.

Enter into His gates with thanksgiving,

And into His courts with (e)_____. Be thankful to Him, and (f)_____ His name.

For the LORD is good. His mercy is everlasting. His truth endures to all generations.

(Answers: a-noise, b-gladness, c-singing, d-people, e-praise, f-bless)

5. Nail It Down: A parent will lead this activity.

6. Pray: A parent will lead this prayer.

7. Blessing: Listen as your parent blesses the family.

Teen Tip: Who are your five closest friends? Ask your parent to identify their top five friends. Say a prayer, thanking God for your parents' friends. Share the names of your friends with them.

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