

5

conversations
you **must** have with
your
daughter



THE BIBLE STUDY

Vicki Courtney



INTRO AND CONVERSATION 1

You Are More than the Sum of Your Parts

God is looking for imperfect mothers raising imperfect daughters in an imperfect world who are desperately dependent on a perfect God for the results.

1. Teach our daughters beauty by the Book.

1 Timothy 4:8: *For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.*

1 Samuel 16:7: *“Man looks at the outward appearance, but the LORD looks at the heart.”*

2. Take a closer look at ourselves.

What was the message you received from your mom or dad?

Let your daughter know you are a work in progress.

Ask God to convict your heart to take thoughts captive.

CONVERSATION STARTERS with your group:

- Have you ever judged someone or shown favor based on appearance? If so, what were the circumstances?
- Vicki talks about a shift from virtue to vanity. If you agree a shift has occurred, when and why do you think it happened?

Weekly challenge:

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SESSION 1

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CONVERSATION 2

Don't Be in Such a Hurry to Grow Up

At one time society and moms were on the same page.

Be more of a protector than a provoker.

Don't just throw your daughter into the world without any guidance. Stay involved.

We have every right as parents to draw some safe boundaries. We don't have to say no to everything.

CONVERSATION STARTERS with your group:

- In what ways are you helping your girl maintain her girlhood?
- Share some ways you have learned to balance saying yes, no, and *wait* on some growing-up issues. (Or share one of our mom's responses to this question, from DVD 2.)
- How has your daughter caught you off guard recently?
How did you respond?

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SESSION 2

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CONVERSATION 3

Sex Is Great and Worth the Wait

Some Presentation Tips (3 BC's)

1. Be confident.

Confidence is a problem when we have issues in our past. Be confident in God's standard and truth.

2. Be consistent.

Constantly adhere to God's principles: "Be holy as I am holy."

3. Be creative.

Plan a weekend get-away. Other ideas:

Also give information to your sons.

The best time for girls to make mistakes is while they are still at home. Commend your daughter for coming to you.

By 5th grade, they're being exposed to sex at some level, so start broaching the topics. Take advantage of teachable moments.

God can use anyone and any story.

CONVERSATION STARTERS with your group:

- What fears do you have in talking to your daughter about sex?
- How open are you about this subject with your daughter?

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SESSION 3

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CONVERSATION 4

It's OK to Dream About Marriage and Motherhood

God's intent for marriage: reduce our aloneness.

1. Research indicates many young people get ideas
and models of marriage from their parents.

2. Many parents have almost nothing good
to say about marriage and often say nothing at all.

Many experience pain and hurt in marriage.

Culture's negative attitudes extend to motherhood.

Only 1 of 9 qualities related to giving (having children).

All other keys to happiness related to getting.

Encourage your daughter: Look for a man who loves Jesus
more than he could ever love you.

CONVERSATION STARTERS with your group:

- What is it about our culture that says you're better off on your own?
- How are you helping mount a new PR campaign for marriage?

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SESSION 4

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CONVERSATION 5

Girls Gone Wild Are a Dime a Dozen - Dare to Be Virtuous

Bad behavior has been glamorized.

Will my actions today affect my good
name tomorrow?

Reputation: the generally accepted estimation
of somebody; character; standing; name.

We should be more about pleasing God than pleasing others.

If our daughters are to remember God's teaching and keep
His commands in their hearts, then they must be in God's Word.

You are making "holy deposits" into your daughter's
heart, a little at a time. God has a different standard in mind.

CONVERSATION STARTERS with your group:

- How are you counteracting the message that
"bad" is the new good?
- Where have all the good role models gone?

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SESSION 5

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STONE UPON STONE

A Final Charge

Build a hedge of protection around your daughter's heart while preparing her to stand on her own.

Nehemiah 4

Verses 1-6: "What are those feeble Jews doing? Will they restore their wall?"

Outside opposition: Expect times of opposition from the enemy anytime God is at work.

Verse 6: "So we rebuilt the wall till all of it reached half its height, for the people worked with all their heart."

Our response is to persevere.

Verse 10: "... so much rubble that we cannot rebuild the wall."

Rubble and remnant: Expect times of exhaustion and hopelessness.

The task outweighs our abilities.

Verse 12: "Wherever you turn, they will attack us."

Expect times of opposition from within the walls, from fellow Christians.

Verse 14: "Remember the Lord, who is great and awesome ..."

We have no reason to fear! God tells us, "Remember Me!" Fight for your daughters!

Verses 17-18: "Each of the builders wore his sword at his side as he worked."

Stone upon stone upon stone, you are building a wall of protection around your daughter's heart. The Bible, God's Word, is what we take into battle.

CONVERSATION STARTERS with your group:

- How has God helped you overcome times of opposition?
- What tools are you taking into battle?

Ongoing challenge: Keep the conversations going!

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SESSION 6

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