

A NOTE OF ENCOURAGEMENT

Many girls crave reassurances of Mom's love and a reminder of what is truly admirable. Her input can help counter the world's standards and encourage girls to raise the bar on their behavior.

Follow the steps to write your daughter an encouraging note. Use the sample to help.

Jana,

I'm so glad to be your Mom! You are a gifted athlete, a generous friend, and a joy to know. I sometimes forget to tell you this, but I love you so much, Sweetheart! And even as much as I love you, God loves you so much more. I believe you'll be amazed to find what wonderful plans He has in store for you as you surrender your life to Him. I'm praying for you! –Mom

Daughter's Name,

1. State your pleasure at being a mom. (If you've experienced a recent conflict, apologize.)
2. List 2 to 3 admirable qualities your child reflects. Avoid comments on physical appearance.
3. Assure your daughter of your love; include her name or a term of endearment.
4. Even if she's not a believer, remind her of God's love for her.
5. Use an "I believe" statement to encourage her to seek the Lord's direction for her life.
6. Close with an assurance of your prayers and support.

Your Signature

Copy your note onto nice stationery and tape it to your daughter's mirror. If she's too young to read now, read it to her and save it for when she is older.