

5

conversations
you **must** have with
your
daughter



DVD CREDITS

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DVD CREDITS

The following are conversation-by-conversation primary sources for statistics/trends referenced in the teaching segments of the Bible study DVD. They were originally cited in *5 Conversations You Must Have with Your Daughter* (©2008, B&H Publishing Group). Some are also cited in the Bible study.

Some trends are supported by multiple sources and may be updated by other research, depending on the time accessed.

Conversation 1 stats:

By the time your girl celebrates her 12th birthday ...
Satkan Gidda, "Attracting Consumers through Package and Product Innovation," May 23, 2005; www.brandchannel.com/brand_speak.asp?bs_id=111.

"Mirrors play a critical role ..."
Joan Jacobs Brumberg, *The Body Project: An Intimate History of American Girls* (1998), 70.

Nearly 4 out of 10 girls engage in unhealthy eating behaviors ...
Anastasia Goodstein, "What Can Industry Do to Stop the Onslaught?" *The Huffington Post*, October 2, 2007, www.huffingtonpost.com/anastasia-goodstein/what-can-industry-do-tos_b_66798.html.

93% of girls and young women report feeling anxiety or stress ...
Ibid.

Spending 3 minutes looking at fashion magazines ...
Nancy Etcoff, Susie Orbach, Jennifer Scott, and Heidi D'Agostino, "The Real Truth about Beauty: A Global Report—Findings of the Global Study on Women, Beauty, and Well-Being," commissioned by Dove, September 2004, www.campaignforrealbeauty.com/press.asp?section=news&id=110.

The average woman is 5 feet 3.8 inches ...
Go to www.pediatrics.about.com/cs/growthcharts2//f/avg_ht_female.htm.

By age thirteen 53% ...
Brumberg, *The Body Project*, xxiv.

By age seventeen, 78% ...
Ibid.

5 to 10% ... anorexia ...
Joan Jacobs Brumberg, *Fasting Girls: The Emergence of Anorexia Nervosa as a Modern Disease* (Cambridge, Mass.: Harvard University Press, 1988).

20% ... binge and purge ...
Kim Chernin, *The Hungry Self: Women, Eating, and Identity* (New York: Times Books, 1985).

Number of overweight adolescents ...
U.S. Department for Health and Human Services, "Children and Teens Told by Doctors that They Were Overweight—United States, 1999-2002," *Morbidity & Mortality Weekly Report* 54, no. 34 (September 2, 2005): 848-49.

Americans spend over \$30 billion a year ...
Go to www.blogcritics.org/archives/2007/02/02202514.php.

Trade book chapters
addressing conversation
1: 1-4

Conversation 2 stats:

Seventeen magazine, April 1946, Issue out of print.

Trade book chapters
addressing conversation
2: 5-7

Conversation 3 stats:

1 in 4 teenage girls ... STD.
CDC (2008) Nationally Represented CDC Study Finds 1 in 4 Teenage Girls has a Sexually Transmitted Disease, March 11, 2008 Press release, www.cdc.gov/std_conference/2008/media/release-11March2008.htm.

Numerous studies ... depression ...
Wendy Shalit, *Girls Gone Mild*, The National Longitudinal Survey of Adolescent Health, Wave II (1996).

Trade book chapters
addressing conversation
3: 8-13

Conversation 4 stats:

Seventeen, "Girl Meets Boy" issue. April 1950.
Issue out of print.

From fashion magazines ... Enjoy being single.

Vicki Courtney, chap. 14, "The Anti-Marriage Agenda," *5 Conversations You Must Have with Your Daughter* (B&H Publishing Group, 2008), 179.

People who are married in their 20s ...

Sharon Jason and Anthony DeBarros, "Young Adults Delaying Marriage," *USA Today*, USATODAY.com.

Who needs a man? ... Watch out, men! ... More women saying "I don't."

Vicki Courtney, chap. 14, "The Anti-Marriage Agenda," *5 Conversations You Must Have with Your Daughter* (B&H Publishing Group, 2008), 180.

Number of unmarried women between 30-34 ...

Wendy Shalit, *Girls Gone Mild*, 4.

Research indicates ... ideas and models of marriage from their parents.

"Sex without Strings, Relationships without Rings: Today's Young Singles Talk about Mating and Dating," www.marriage.rutgers.edu.

Many parents have almost nothing good to say ...

Ibid.

50% of marriages ... divorce.

Vicki Courtney, chap. 14, "Hooking up, Shacking up, and Other Marriage Busters," *5 Conversations You Must Have with Your Daughter* (B&H Publishing Group, 2008), 199.

9 Keys to Happiness ... Having children

"Is Marriage Becoming Just Independent Roommates with Sex?" August 9, 2007,
www.drlaura.com/blog/2007/08/09is-marriage-just-independent-roommates-with-sex/.

When 50% more folk ...

Ibid.

Ladies Home Journal, "If I had a daughter, I'd tell her this," December 1948, Issue out of print.

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Conversation 5 stats:

Seventeen, April 1946. Issue out of print.

Seventeen: "Your home and you," October 1949; "Your parents and you," November 1945. Issues out of print.

Cosmogirl, "The Most Embarrassing Parents Ever!," May 2006; *Cosmogirl*, "Are Your Parents Wack?," October 2008

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addressing conversation
5: 17-19